

These are a list of skills your child may develop by the end of 6 months

Communication Skills

- Smiles responsively
- Squeaks/squeals/yells/laughs/makes raspberries
- Looks in the direction of your voice
- Enjoys turn-taking games with sounds
- Locates sounds in the room
- Plays games like "Peek-a-boo"

Fine Motor Skills

- Grasps a rattle, holds bottle with both hands
- Clasps hands together
- Reaches, pulls objects to mouth
- Pulls at clothes
- Picks up objects using "raking" motion with fingers

Gross Motor Skills

- Holds head up and turns in all directions
- Rolls from front to back
- Sits with support, then independently

Personal Social Skills

- Looks at own hands/sucks on fingers
- Works for a toy
- Responds to touch
- Enjoys social stimulation
- Accepts comfort from familiar adult

Problem Solving Skills

- Explores objects with fingers, hands, toes
- Works to get objects out of reach
- Turns head toward bright colors and lights
- Explores objects by touching, mouthing, shaking, and banging
- Looks for ball rolled out of sight

Communication Activities

- Imitate the sounds your baby makes
- Make different faces with baby
- Sing to baby
- Play social games (pat-a-cake and peek-a-boo)

Fine Motor Activities

- Offer your baby a rattle to hold
- Let your baby feel many different textures
- Offer your baby objects to hold in both hands

Gross Motor Activities

- Allow for "tummy time" several times a day
- Support your baby in sitting and standing positions
- Encourage your baby to roll over
- Play with your baby on the floor to allow development of large muscles

Personal Social and Problem Solving Activities

- Soothe and calm baby when fussy, responding to your baby's cries does not spoil them
- Rock and love your baby
- Smile and talk to your baby often
- Encourage your baby to follow faces and bright objects with eyes
- Present objects of various colors and shapes for baby to see

