

Developmental Milestones

12-15 Months

These are a list of skills your child may develop by the end of 15 months

Communication Skills

- Child may show understanding by pointing or may point to show needs/wants
- Responds to the "Give me..." command
- Follows simple directions ("Go get your shoes")
- May say or shake head "no"
- May say "mommy," "daddy," and a few other words
- May start to name familiar objects

Fine Motor Skills

- Builds tower with 2-4 blocks
- Scribbles on paper
- Takes small objects in and out of a container
- May play pattycake and slap a "high five"

Gross Motor Skills

- May walk with the help of a push toy or holding on to furniture
- May walk on own, if not do not worry; some children may still need help from you

Personal Social Skills

- Will want to try to do things on their own, tries to help when you're putting on and removing clothes
- Hands books to adult when child wants to read
- Has favorite things and people

Problem Solving Skills

- Will start to imitate actions of adults
- Finds hidden things easily
- "Uses" household objects phone, remote controls, vacuum cleaner



Communication Activities

- Read books daily, point to and name pictures, encourage your child to imitate you
- Play games that involve following directions; "throw the ball to me"
- Name people, places and things that your child sees each day; talk about/describe them
- Point to and name your child's body parts during baths and dressing; encourage your child to say the words

Fine Motor Activities

- Allow child to build with blocks of various sizes and shapes
- Provide opportunities to "draw"; provide crayons, chalk, markers
- Help your child put small objects into a container and take out again

Gross Motor Activities

- Allow opportunities to build muscle strength by crawling, climbing, walking in a safe environment
- Play catch with child using various size and texture balls
- Show child how to climb up and down stairs safely; start with crawling and move to standing holding on to wall or rail. Stay with your child as they practice skill.

Personal Social and Problem Solving Activities

- Provide plastic bowls, measuring cups and containers of different sizes to be stacked and nested inside each other
- Give child real objects that are safe for play such as plastic bowls and spoons, an old phone to talk into, a small broom, a dust cloth to allow the child to imitate actions of adults
- Give a plastic doll to wash, show how to feed and take care of the doll