

Children will grow at different rates, these skills may develop this year

### Communication Skills

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- Says sentences of 4-5 words; uses adult-like grammar
- Asks many questions
- Answers “who, how many, why” questions
- Uses pronouns correctly (I, me, you, he, she)
- Speech is understood 80-100% of the time

### Fine Motor Skills

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- Pours, cuts and mashes food with supervision
- Draws a person with 2-4 body parts
- Cuts on a line with scissors
- Likes to copy shapes, may show interest in copying letters or name

### Gross Motor Skills

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- Can throw and kick with accuracy
- Enjoys fast moving activities—running, climbing, tumbling
- Hops and stands on one foot up to 2 seconds
- Catches a ball most of the time

### Personal Social Skills

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- Can brush teeth, wash face, and dress self
- Can help with simple tasks like putting away toys
- Plays cooperatively with 2 or 3 other children
- May use “bathroom” words and swear
- May “tattle” on others

### Problem Solving Skills

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- Starting to understand time
- Plays board or card games
- Tells you what is going to happen next in a book
- Has an attention span of 8-12 minutes

### Communication Activities

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- Encourage pretend play with boxes, blocks, cars, figures and help your child create stories
- Help your child classify things by groups: food, toys, vehicles, etc.
- Pick out household items that go together (shoe/sock, salt/pepper, spoon/fork)
- Mix up 3-4 pictures of a family vacation/birthday party and let your child put them in order and tell you what happened

### Fine Motor Activities

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- With supervision allow child to spread peanut butter and jelly, peel a banana, cut with a butter knife, pour cereal and add milk
- Make a necklace you can eat by stringing Cheerios or Fruit Loops on a piece of yarn or string
- Make bubbles using 1/4 cup Dawn or Joy dishwashing liquid with 2-2/3 cup water, use straws to blow bubbles

### Gross Motor Activities

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- Using old pillow cases or towels, show child how to hop forward in a race to the finish line
- Draw squares on sidewalk with chalk, teach child how to play hopscotch jumping from number to number
- Play “bucket hoops”, throwing a medium size ball at a bucket or trash can

### Personal Social and Problem Solving Activities

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- Put small toys/household items into bag, have child reach in and without looking describe object
- Find items in house to compare, discuss how they are similar/different in weight and size, good activity to use canned foods or glasses of water
- Take a pack of playing cards and choose five matching sets, lay face up and help your child find the pairs, discuss “same” and “different”
- Make puppets out of paper bags, let your child decorate, encourage them to use puppets to express feelings and emotions