

Developmental Milestones Ages 6-9 Months

Learn more at sproutsdevelopment.com

Communications Skills

- Uses longer, repeated babbling (dadadada)
- Imitates sounds made by others
- Responds with gesture to “want up?”
- Waves in response to “bye bye”

Fine Motor Skills

- Bangs object on table
- Transfers object hand to hand
- Claps hands together
- Feeds self finger foods

Gross Motor Skills

- Crawls forward/backward
- Makes stepping movements when supported
- Pulls to stand

Personal Social Skills

- Expresses emotions: fear, sadness, happiness
- Distinguishes between familiar people and strangers
- Show frustration when an item is taken away
- Develops preferences for people/toys

Problem Solving Skills: 4-9 mos.

- Explores objects with fingers, hands, toes
- Works to get objects out of reach
- Turns head toward bright colors and lights
- Explores objects by touching, mouthing, shaking, and banging
- Looks for ball rolled out of sight

Communication Activities: Infants

- Imitate the sounds your baby makes
- Make different faces with baby
- Sing to baby
- Play social games (pat-a-cake and peek-a-boo)

Fine Motor Activities: Infants

- Offer your baby a rattle to hold
- Let your baby feel many different textures
- Help teach your baby to pick up small objects by offering small bits of food

Gross Motor Activities: Infants

- Allow for “tummy time” several times a day
- Hold your baby in sitting positions and while baby is standing
- Encourage your baby to roll over

Personal Social Activities and Problem Solving Activities: Infants

- Allow your infant to feel different textures
- Provide experiences for your baby to look at a variety of colors, shapes and objects
- Talk about your baby’s world
- Sing to your baby and play music
- Read daily to your baby

