

Communications Skills

- Smiles responsively
- Squeaks/squeals/yells/laughs/makes raspberries
- Looks in the direction of your voice
- Enjoys turn-taking games with sounds
- Locates sounds in the room
- Plays games like "Peek-a-boo"

Fine Motor Skills

- Grasps a rattle, holds bottle with both hands
- Clasps hands together
- Reaches, pulls objects to mouth
- Pulls at cloths
- Picks up objects using "raking" motion with fingers

Gross Motor Skills

- Holds head up
- Rolls from front to back
- Sits with support then independently

Personal Social Skills

- Smiles responsively
- Looks at own hands/sucks on fingers
- Works for a toy
- Responds to touch
- Enjoys social stimulation
- Accepts comfort from familiar adult

Problem Solving Skills: 4-9 months

- Explores objects with fingers, hands, toes
- Works to get objects out of reach
- Turns head toward bright colors and lights
- Explores objects by touching, mouthing, shaking, and banging
- Looks for ball rolled out of sight

Communication Activities: Infants

- Imitate the sounds your baby makes
- Make different faces with baby
- Sing to baby
- Play social games (pat-a-cake and peek-a-boo)

Fine Motor Activities: Infants

- Offer your baby a rattle to hold
- Let your baby feel many different textures
- Help teach your baby to pick up small objects by offering small bits of food

Gross Motor Activities: Infants

- Allow for "tummy time" several times a day
- Hold your baby in sitting positions and while baby is standing
- Encourage your baby to roll over

Personal Social Activities and Problem Solving Activities: Infants

- Allow your infant to feel different textures
- Provide experiences for your baby to look at a variety of colors, shapes and objects
- Talk about your baby's world
- Sing to your baby and play music
- Read daily to your baby

