

## Developmental Milestones Ages 4-5 Years

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### Communication Skills

- Uses more adult-like grammar
- Uses pronouns correctly
- Uses different tenses (past, present, future)
- Defines objects by uses

### Communication Activities

- Re-tell your favorite story or create your own
- Play Simon-Says adding increasingly complex directions for your child to follow
- Have your child describe objects telling you at least two things about an object
- Play reverse hide-and-seek – your child hides objects and gives YOU clues as to where to find them
- Rhyming: help your child learn simple words that rhyme (make-take or sock-lock)

### Fine Motor Skills

- Copies a square
- Prints own name with a tripod pencil grasp
- Ties shoelaces
- Cuts on line continuously

### Fine Motor Activities

- Continue puzzles, drawing, sorting, cutting and gluing
- Watercolor paints with a brush
- Coloring books
- Help your child print simple letter such as his name

### Gross Motor Skills

- Hops on one foot
- Skips and gallops
- Catches a small ball
- Navigates stairs while holding object
- Turns somersault

### Gross Motor Activities

- Miniature golf
- Leap frog
- Hopscotch
- Obstacle course



### Personal Social Skills

- Develop friendships
- Enjoy imaginative play with other children
- May negotiate solutions to conflicts
- Compare selves to other children/adults

### Personal Social Activities

- Plant a garden with your child
- Show your child how to make simple recipes using measurements
- Allow your child to have a lemonade stand, making the lemonade and counting change
- Help your child write his or her name
- Read daily to your child



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### Problem Solving Skills: 3-4 Years

- Engages in elaborate pretend play
- Experiments with cause and effect in play
- Understands basic concepts like tallest, biggest, same, more, etc
- Asks who, what, where, and why questions
- Understands more complex words like time words (yesterday, tomorrow) and words to describe emotions (happy, disappointed)

### Problem Solving Activities: 3-4 Years

- Teach your child to count and recognize the numbers 1-10
- Conduct simple science experiments
- Play the memory game
- Compare objects of differing size and weight
- Cut objects into fractions of  $\frac{1}{2}$ ,  $\frac{1}{4}$  etc.
- Read daily to your child

