

Developmental Milestones Ages 2-3 Years

Learn more at sproutsdevelopment.com

Communication Skills

- Putting 2-3 words together and longer utterances as they become older
- Can answer simple questions
- Uses names of objects, actions, persons
- Understands simple directions
- Asks simple questions
- Understands simple prepositions (on, in)

Communication Activities

- Read books with simple stories
- Sing familiar songs
- Use a variety of words: nouns (tree, Mommy), verbs (jump, sit), adjectives (big, wet), prepositions (in, under)
- Make puppets and create a short story
- Have your child follow more specific directions (Bring me the RED sock)
- Talk about how objects are used and ask your child to tell you how they are used

Fine Motor Skills

- Copies a circle and a cross
- Strings four large beads
- Turns page in a book
- Snips with scissors on a line
- Buttons and unbuttons large buttons

Fine Motor Activities

- Encourage play with puzzles, blocks, nesting toys and drawing materials
- Show your child how to draw shapes such as circles, lines, faces and stick figures
- Give your child an empty egg carton to use for “pockets” and have the child sort things such as different kinds of buttons, colors, etc.
- Encourage cutting, using child safety scissors
- Sewing cards
- Finger painting

Gross Motor Skills

- Kicks ball
- Runs well
- Climbs onto/down from furniture unassisted
- Walks up/down stairs using alternate feet
- Balances on one foot for 5 seconds
- Rides tricycle

Gross Motor Activities

- Encourage climbing, running, jumping and balancing
- Have your child play “follow the leader” and crawl, tiptoe, bunny hop, under tables, around chairs, etc.
- Show your child how to bounce a large ball to you then bounce the ball back so he/she can catch it
- Show your child how to “walk a tightrope” using a line on the driveway
- Show your child how to play games like ring toss or dropping clothes pins into juice cans



Developmental Milestones Ages 2-3 Years

Learn more at sproutsdevelopment.com

Personal Social Skills

- Takes turns in games
- Begins to dress/undress self
- Shows preferences about toys/food
- May have rapid changes in mood
- Enjoys watching/playing with other children
- Aware they are a boy or girl



Personal Social Activities

- Sort objects by color, shape, etc.
- Help your child “write” his own book by writing his words while he or she draws the pictures
- Teach the words; on, under, behind, around by playing games like Simon Says
- Provide a “dress-up” box for your child for imaginative play
- Read daily to your child

Personal Social Activities: 3-4 Years

- Teach your child to count and recognize the numbers 1-10
- Conduct simple science experiments
- Play memory games
- Compare objects of differing size and weight
- Cut objects into fractions of $\frac{1}{2}$, $\frac{1}{4}$ etc
- Read daily to your child

Problem Solving Skills

- Group objects by category
- Engages in imaginative play with common household objects
- Names objects and points to many objects in one picture
- Stacks rings on a peg in order of size completes more complex puzzles

Problem Solving Activities

- Sort objects by color, shape etc
- Help your child “write” his own book by writing his words while he or she draws the pictures
- Teach the words; on, under, behind, around by playing games like Simon Says
- Provide a “dress-up” box for your child for imaginative play
- Read daily to your child

Problem Solving Skills: 3-4 Years

- Engages in elaborate pretend play
- Experiments with cause and effect in play
- Understands basic concepts like tallest, biggest, same, more, etc
- Asks who, what, where, and why questions
- Understands more complex words like time words (yesterday, tomorrow) and words to describe emotions (happy, disappointed)

Problem Solving Activities: 3-4 Years

- Teach your child to count and recognize the numbers 1-10
- Conduct simple science experiments
- Play the memory game
- Compare objects of differing size and weight
- Cut objects into fractions of $\frac{1}{2}$, $\frac{1}{4}$ etc.
- Read daily to your child