

Developmental Milestones Ages 15-18 Months

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Communication Skills

- Follows familiar directions
- Points to pictures you name
- Uses words and gestures
- Says approximately 15 words

Fine Motor Skills

- Scribbling, imitates vertical stroke
- Builds tower of four cubes, puts four rings on stick
- Removes shoes and socks
- Turns knobs

Gross Motor Skills

- Climbs 2-3 steps with support
 - Throws a ball forward
 - Stands on one foot with help
- Carries a large toy while walking
- Encourage your baby to roll over



Personal Social Skills

- Initiates play activities
- Expresses negative emotions (anger)
- Becomes more aware of self
- Recognizes self in mirror

Communication Activities: Toddlers

- Do fingerplays/simple songs/nursery rhymes
- Look at books with simple pictures: point to and name pictures
- Encourage your child's attempts at talking with praise
- Offer choices and encourage your child to use words to choose
- Name what child sees and describe their actions
- Add one more word to what your child says
- Talk about what you are doing and what your child is doing

Fine Motor Activities: Toddlers

- Show baby how to drop objects into a container
- Show your baby how to bang two small objects together
- Show your baby how to find a toy by pulling a cloth or blanket off a partly hidden toy
- Encourage playing with blocks and nesting toys

Gross Motor Activities: Toddlers

- Play ball with your child
- Provide push and pull toys for your child
- Help your child walk up and down stairs
- Show your child how to swing, climb, kick
- Provide large muscle activities such as rocking horses, slides, etc.
- Show your child how to jump, getting both feet off the floor at the same time
- Provide riding toys for your child
- Play music and show your child how to swing, clap, and dance to the music

Personal Social Activities: Toddlers

- Play peek-a-boo
- Play hide-and-seek with objects
- Encourage play with puzzles, blocks, nesting toys and drawing materials
- Provide a variety of toys and activities that require your child to problem solve
- Play music and sing
- Read daily to your child

Problem Solving Skills: 12-18 months

- Plays simple games such as peek-a-boo
- Likes to take things apart
- Tries a number of things to activate toy (turns, bangs, pushes button)

Problem Solving Skills: 18-24 months

- Plays alongside a friend (parallel play)
- Begins simple pretend play (talking on the phone, putting baby to bed)
- Completes simple puzzles of 2-3 pieces
points to a body part

Problem Solving Activities: Toddlers

- Play peek-a-boo
- Play hide-and-seek with objects
- Encourage play with puzzles, blocks, nesting toys and drawing materials
- Provide a variety of toys and activities that require your child to problem solve
- Play music and sing
- Read daily to your child

