

Developmental Milestones Ages 9-15 Months

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Communication Skills

- Babbles in short phrases that sound like sentences
- May begin saying “mama” and “dada”
- Understands “no,” but may not always obey



Fine Motor Skills

- Holds small object between thumb and index finger (pincer grasp)
- Marks on paper with crayon
- Puts three or more objects into a container
- Builds tower of two cubes
- Drinks from cup/feeds self with spoon



Gross Motor Skills

- Stands alone
- Walks without support
- Stoops and recovers (a toy or object)

Gross Motor Activities: Infants

- Allow for “tummy time” several times a day
- Hold your baby in sitting positions and while baby is standing
- Encourage your baby to roll over

Communication Activities: Infants

- Imitate the sounds your baby makes
 - Make different faces with baby
 - Sing to baby
- Play social games (pat-a-cake and peek-a-boo)

Communication Activities: Toddlers

- Do fingerplays/simple songs/nursery rhymes
- Look at books with simple pictures: point to and name pictures
- Encourage your child’s attempts at talking with praise
- Offer choices and encourage your child to use words to choose
- Name what child sees and describe their actions
- Add one more word to what your child says
- Talk about what you are doing and what your child is doing

Fine Motor Activities: Infants

- Offer your baby a rattle to hold
- Let your baby feel many different textures
- Help teach your baby to pick up small objects by offering small bits of food

Fine Motor Activities: Toddlers

- Show baby how to drop objects into a container
- Show your baby how to bang two small objects together
- Show your baby how to find a toy by pulling a cloth or blanket off a partly hidden toy
- Encourage playing with blocks and nesting toys

Gross Motor Activities: Toddlers

- Play ball with your child
- Provide push and pull toys for your child
- Help your child walk up and down stairs
- Show your child how to swing, climb, kick
- Provide large muscle activities such as rocking horses, slides, etc.
- Show your child how to jump, getting both feet off the floor at the same time
- Provide riding toys for your child
- Play music and show your child how to swing, clap, and dance to the music

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Personal Social Skills

- Holds a cup and drinks with help
- Prefers primary caregiver over others
- Feeds self small bites
- Shows anxiety when separated from caregivers

Personal Social Activities: Toddlers

- Play peek-a-boo
- Play hide-and-seek with objects
- Encourage play with puzzles, blocks, nesting toys and drawing materials
- Provide a variety of toys and activities that require your child to problem solve
- Play music and sing
- Read daily to your child

Problem Solving Skills: 9-12 months

- Finds toys hidden under boxes
- Imitates actions from memory
- Uses objects by function (phone to ear)
- shows interest in picture books

Problem Solving Activities: Infants

- Allow you infant to feel different textures
 - Provide experiences for your baby to look at a variety of colors, shapes and objects
 - Talk about your babies world
 - Sing to your baby and play music
- Read daily to your baby



Problem Solving Skills: 12-18 months

- plays simple games such as peek-a-boo
- likes to take things apart
- tries a number of things to activate toy (turns, bangs, pushes button)

